### CHILD PROTECTION SERVICES

IDHW Children and Family Services 1-855-KIDS (5437)

## ADULT PROTECTION SERVICES

208-667-3179 or 800-786-5536

#### DOMESTIC VIOLENCE

**North Idaho Violence Prevention Center** 

24 Hour Hotline 208-664-9303

24 Hour Line PRM-Advocates for Women 208-448-2800 or 24 hour 208-290-6529

Pend Oreille Crime Victims Services Newport, WA 509-447-5483 24 hour hotline

#### **VETERANS' ASSISTANCE**

Health Care for Homeless Vets 509-462-2500

Spokane VA Medical Center 800-325-7940

#### **SUICIDE CRISIS LINE**

1-800-273-TALK

#### **PRESCRIPTION ASSISTANCE**

Free or minimal cost prescriptions www.Rxldaho.org

#### Kootenai Behavioral Health Transfer

Center 800-200-1511

(Patient transfer & physician consultations)

#### **Kootenai County Crisis Line**

208-664-1443

#### O.A.S.I.S. of Post Falls

208-773-1080 / 773-3517

#### **Substance Abuse Treatment**

1-800-922-3406 State of Idaho Hotline

#### **FOOD ASSISTANCE**

#### **Shoshone County**

Shoshone County Food Bank Kellogg 208-783-4901

#### **Benewah County**

St. Maries Food Bank 416 Main-St. Maries 208-245-9090

#### **SHELTER / HOUSING**

#### Shoshone County Women's Resource Center (abused women, children or homeless) 208-566-0500

**Restoration House Transitional** faith based prison or jail screening, etc. 208-752-1111

#### St Vincent de Paul

Men's shelter 208-664-3095 Women's shelter x 360 Transitional Housing x 381

#### (REVISED JANUARY 2014)

## Benewah & Shoshone County

# Mental Health Referral & Community Resource Guide



#### **REGION 1 BEHAVIORAL HEALTH OFFICES:**

(After Hours 888-769-1405)

 Sandpoint
 Coeur d' Alene
 Kellogg

 208-265-4535
 208-769-1406
 208-784-1352

IDAHO SUICIDE PREVENTION HOTLINE 800-273-8255

#### **KOOTENAI BEHAVIORAL HEALTH**

Admission & Physician Consultation 800-200-1511

#### **MENTAL HEALTH SERVICES**

#### **Shoshone County**

**Region I Behavioral Health** (Children and Adults) 208-784-1352 or after hours 888-769-1405

Alliance Family Services 208-245-5427

Aces Community Services 208-556-0960

**Healthy Resolutions** 208-786-7040

Loving Care and More 208-752-1019

#### **Benewah County**

Aces Community Services 208-245-4363

Alliance Family Services 208-245-2591

#### **TRANSPORTATION**

#### Shoshone County

**Silver Express Bus Line**Monday – Friday 8:00-5:30
855-495-7325

#### **Benewah County**

**Benewah Community Transit** 208-245-4576

#### **MEDICAL**

#### **Shoshone County**

**Shoshone Medical Center** 25 Jacobs Gulch – Kellogg 208-784-1221

#### Panhandle Health

WIC (Women, Infant, and Children Nutrition Program); Women's Health 114 Riverside – Kellogg 208-786-7474

#### **Benewah County**

**Benewah Medical Center** 

229 S. 7<sup>th</sup>-St. Maries 208-245-5551

Benewah Medical & Wellness Center 427 N. 12<sup>th</sup> St. Plummer 208-686-1931

#### **Benewah Dental Clinic**

Dental Assistance 208-686-1110

#### Panhandle Health

WIC (Women, Infant, and Children Nutrition Program); Women's Health 137 N. 8<sup>th</sup>-St. Maries 208-245-4556

Benewah Medical Center 208-686-9355

#### SENIOR SERVICES

#### **Shoshone County**

Kellogg Senior Center 208-783-4581

**Senior Services** 208-752-1194

#### **Benewah County**

Senior Citizens of Benewah County **208**-245-3032

Plummer Senior Citizen Kitchen 208-686-1863

Senior Citizen Meal Site 208-245-3546

Fernwood Senior Citizens Meal site 208-245-3392

**Tensed Community Senior Citizens 208**-274-2851